

The Four Winds Society is a globally recognised school of **Shamanic Energy Medicine and healing**, founded by **Dr Alberto Villoldo, Ph.D.** — a medical anthropologist who has studied traditional healing practices of the Amazon and Andes for decades.

<https://thefourwinds.com/about-us>

Their training combines **ancient shamanic wisdom with modern science**, including elements of neuroscience, nutrition and holistic healing. Graduates of their programs gain a **certification that reflects rigorous standards in energy medicine and ethical practice.**

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View my diploma from The Four Winds Society to see the certification that supports my shamanic energy medicine practice.

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